

The students of Gushkara Mahavidyalaya are encouraged to participate in various sports activities and release their unexpressed energy to facilitate their overall development. This way the college helps students to lead a happier and brighter life as participating in sports activities increases mental alertness, self-esteem and confidence. The Department of Physical Education is actively engaged in training of students in Sports and games and has produced many players of district, university and national level. Students of the Department regularly participate in inter-college tournaments such as football, handball, basket ball, kho-kho, Kabaddi, cricket and athletics. The alumni of the Department are working in different positions in the field of sports and other prestigious professions.

#### Activities and Achievements

1. Football : Students participated in inter-college tournament.
2. Athletics: One student stood first in 5000mt race. One student stood second in Shot Put and Discus throw.
3. Cricket: Students participated in inter-college tournament.
4. Hand ball: 4 Girl Students participated in Burdwan University team.
5. Chess Boxing: One student stood second in 7th National Inter-college Chess boxing Championship
6. Basket ball : Students participated in inter-college tournament.